

Counseling is a support process that requires establishing an intimate relationship between the client and the counselor. The client finds a solution to his/her problem(s) by attending and interacting in a counseling session, and the counselor is skilled in solving psychological problems. The most important function of counseling is to provide a suitable situation for the client to have a more desirable life. Counseling facilitates the growth process, identifies and solves problems, teaches effective decision-making methods and how to deal with challenges in life, and leads to the development of insight, the resolution of internal conflicts, and the development of constructive relationships with others. The most important task of the counselor is to facilitate and accelerate clients' personal growth while respecting their values. Good listening and good speaking are two essential skills for a counseling student. A counselor should have patience and inner peace to create a good atmosphere for the client and allow clients to talk about their problems and express their concerns. A good counselor should also be aware of the economic, political, social, and religious issues governing the community. Counseling is a specialized discipline that is practiced in private centers and government organizations and institutions through education, research, and support services in three areas of prevention, growth, and treatment and in the domains of individual counseling, marriage, family, education, occupation, organization, rehabilitation, mental health, aging, and addiction.




About Us



The Department of Counseling was established in 2012 at the Faculty of Humanities and Social Sciences and began its educational activities in September 2012 with the admission of 4 students in Family Counseling in the Master's Program. Since its establishment as an independent department, Department of Counseling started its educational activities in family counseling, and in 2015, it

admitted students into the field of school counseling. In 2019, the department launched the bachelor's program in counseling and hosted its first undergraduate students in October of that year. Following its plans and policies, the department launched the Ph.D. program in general counseling. Currently, the department is offering courses in **the Ph.D. program in general counseling, the master's program in family, rehabilitation and school counseling, and the bachelor's program in counseling and Education of students with special needs.** The department also intends to admit students in career counseling, considering obtaining permission to establish other orientations of counseling and planning. The legal procedure for launching the master's program in rehabilitation counseling is in progress and the program is predicted to launch within the next one to two years.

The Department of Counseling currently has five full-time faculty members, three of whom are associate professors and specialize in family counseling, and the next two members are assistant professor in and specialize rehabilitation and school counseling. There are currently 78 undergraduate students and 56 graduate students are studying in this department. Based on the department development plan, faculty members in rehabilitation, school, and career counseling will be recruited in the coming years. In addition to the above-mentioned faculty members, the department uses experienced counseling professors with different majors in its educational and research programs in collaboration with other universities.

Faculty Members

Photo	Name	Field of Study	Academic Title	Research Interests	Email	Private page	Webpage
	Dr. Naser Yoosefi	Family Counseling	Associate Professor	- Couple Therapy - Divorce	Naseryoosefi@yahoo.com	http://research.uok.ac.ir/~naseryoosefi/	http://scimet.uok.ac.ir/Naser_Yoosefi
	Dr. Ahmad Amani	Family Counseling	Associate Professor	-Family -Marriage -Schema Therapy	ahmad_counselor@yahoo.com	http://research.uok.ac.ir/~aamani/	http://scimet.uok.ac.ir/Ahmad_Amani
	Dr. Omid Isanejad	Family Counseling	Associate Professor	-Marriage and Relationship Enrichment -Couple Therapy -Family Therapy Cognitive Behavioral Couples Therapy	O.Isanejad@uok.ac.ir	http://research.uok.ac.ir/~oisanejad/	http://scimet.uok.ac.ir/Omid_Isanejad

	Dr. Mohammad Rostami	Rehabilitation Counseling	Assistant Professor	-Suicide -Older adults -Crisis intervention -Cognitive Behavioral Therapy	m.rostami@uok.ac.ir	http://research.uok.ac.ir/~mroostami/	http://scimet.uok.ac.ir/Mohammad_Rostami
	Dr. Anvar Dastbaz	School Counseling	Assistant Professor	-School Counseling -Career Counseling	anvardastbaz@uok.ac.ir	https://uok.ac.ir/fa/~anvardastbaz	https://scimet.uok.ac.ir/Anvar_Dastbaz

Academic programs

Programs	Major(s)	The link for the program's chart
Bachelor's Program	Counseling	download link
Bachelor's Program	Education of Students with Special Needs	download link
Master's Program	Family and School Counseling	download link
Master's Program	Rehabilitation Counseling	download link
Ph.D. Program	General Counseling	download link